

## CHEERS TO HEALTH IN THE NEW YEAR

2 weeks of health and fitness support. Coached by OLL mom & Arbonne consultant Jen Albertini. Includes vegan, plant based smoothie supplies, recipes as well as 4 virtual fitness sessions with local Lake Oswego fitness trainers including OLL mom Mandy Gasperson.

## JANUARY 4-18, 2021 \$150 PER PERSON

Let us help you find the best path to a healthier and happier you. 20% of each sign up will go to OLL. Questions: email Jen.albertini@gmail.com